

NAS Jacksonville



Captain's Cup Sports Calendar 2024

(904) 542-2930

	Sports Leagues, Races, and Tournaments Schedule	Meeting	Start	Information
1	Basketball - Intramural Winter League		22-Jan	Games Mon-Thu 1700 & 1815
2	Basketball - Greybeard League		23-Jan	Games Tue, Thu 1115 & 1215
3	Bowling - Winter League	10-Jan	2-Feb	Matches Fridays 1130
4	Golf - Winter League	17-Jan	7-Feb	Matches Wednesdays 1130
5	Ultimate Frisbee - Winter League	24-Jan	19-Feb	Matches Tue, Thu 1615, 1630, 1700
6	Soccer - 7 on 7 League	7-Feb	4-Mar	Matches Mon-Thu 1715 & 1830
7	Valentine's Day 5K	9-Feb	1130	Registration day of 1030-1115
8	Softball - Intramural Spring League	21-Feb	18-Mar	Games Tue, Thu 1700, 1815, 1930
9	Volleyball - 3 on 3 Sand Tournament	6-Mar	2-Apr	Matches Tue, Thu 1115 & 1215
10	St Patrick's Day 5K	15-Mar	1130	Registration day of 1030-1115
11	Tennis - Men and Women Singles Tournament	15-Apr	1700	One day tournament
12	Dodgeball - Tournament	29-Apr	1700	One day tournament
13	Basketball - Intramural Summer League	8-May	3-Jun	Games Mon-Thu 1700 & 1815
14	Golf - Summer League	15-May	5-Jun	Matches Wednesdays 1130
15	Pickleball - Singles Tournament	20-May	1700	One day tournament
16	Volleyball - Indoor League	22-May	17-Jun	Matches Tue, Thu 1115 & 1215
17	Bowling - Summer League	5-Jun	28-Jun	Matches Fridays 1130
18	Cornhole - Singles Tournament	24-Jun	1700	One day tournament
19	Racquetball - Women's Singles Tournament	15-Jul	1700	Matches played Mon-Fri 1700 & 1800
20	Racquetball - Men's Singles Tournament	22-Jul	1700	Matches played Mon-Fri 1700 & 1800
21	Cornhole - Doubles Tournament	29-Jul	1700	One day tournament
22	Softball - Intramural Fall League	14-Aug	10-Sep	Games Tue, Thu 1700, 1815, 1930
23	Flag Football - 7 on 7 League	21-Aug	16-Sep	Games Mon & Wed at 1715 & 1830
24	Ultimate Frisbee - Fall League	28-Aug	24-Sep	Matches Tue, Thu 1615, 1630, 1700
25	Pickleball - Doubles Tournament	16-Sep	1700	One day tournament
26	Tennis - Men and Women Singles Tournament	14-Oct	1700	One day tournament
27	Monster Dash 5K	25-Oct	1130	Registration day of 1030-1115
28	Turkey Trot 5K	15-Nov	1130	Registration day of 1030-1115
29	Jingle Bell Jog 5K	13-Dec	1130	Registration day of 1030-1115
30	Basketball - 3 on 3 Tournament	9-Dec	1700	One day tournament

All league meetings are 1200 at the Base Gym

All events are subject to change



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